



## LEADERSHIP COACHING

ONE DAY TRAINING COURSE

### COURSE OVERVIEW

Leadership coaching can facilitate productive change in persons, teams, and systems by enabling leaders, managers, and employees to uncover potential that might otherwise go untapped. Leadership coaching is more imperative today than ever as a critical process for driving organizational change.

Through leadership coaching in this session we will help participants to learn about most modern leadership insights.

### COURSE OVERVIEW

This one-day training program is tailored to leaders and managers with an internal team of direct reports. It provides insight into the latest techniques and fundamentals of coaching to help you become a mentor who can drive your team and colleagues to succeed.

Helping your team to succeed you will be eventually helping your organization to succeed at large.

ONE DAY | 0900 - 1700 HRS

USD 1,600.0 / SESSION

15 PARTICIPANTS

### COURSE CONTENT

Module 1:

- Importance of coaching
- What coaching is & is not
- Reflecting on past coaches
- Coaching for impact framework
- Results of coaching self- assessment

Module 2:

- Coaching Foundations
- Establish a climate for learning & trust
- Context for Growth & Contribution

### COURSE CONTENT

Module 3:

- The power of asking questions
- Ask vs tell
- Review the three levels of listening

Module 4:

Situational coaching  
Promote discovery and independence

Module 5:

- Structuring coaching conversations
- ARISE coaching process